

Changing Construction of Age.

Ageing has been refined & constructed with different meaning in modern time as it is said that age is just a number

Now the concept of age is related to activeness and positiveness or positivity. We can take Amilabh baahan as an example he is so dynamic at this age.

In the positive psychology there is a concept called positive ageing which means making the most of the benefit of being old and good attitude about it.

It is about keeping a positive growth mindset throughout older age just like any other phase of life regardless of challenges or opportunities.

In the theory of Psychosocial theory of Ericson he also explain in his last stage of Integrity vs despair to respect and accept your age by your achievements, activities and positivity.

Age is not just chronological but also mental, ~~physical~~ physiological, biological, emotional and social

We can take an example C. Radhakrishna Rao, retired at the age of sixty and went to live with his daughter in America

There age of 62 became a professor of statistics at the university of Pittsburg and the age of 70, he became the head of the department at the university of Pennsylvania.

US citizenship at the age of 75 Today at the age of 102 he received ~~the~~ nobel prize in statistics the goal

In India ~~we~~, has already honored him with ~~the~~ Padma Bhushan and Padma Vibhushan

He said "No one asks after ~~relinement~~ collegues also respect power and not scholarship .."

At the age of 102 ~~or~~ to receive a nobel prize in good physical health is a very good example

There are problems in every age like sleep problems are there in both old and young age though factors are different.

There are drinking habits eating habits problems, relationship problems. There are diseases in both ages ~~are~~ as well as death. Anybody can suffer if there is no good healthy life style.

Age has many underlying characteristics but are not fixed like a concept. Now a days age is more related to activeness, positiveness and fitness.